

SHANTI MANDIR
2016 WALDEN CALENDAR

January

DEAR FRIENDS,

We are fortunate to be welcoming in another year of Satsang and Yoga at Shanti Mandir. The new subject for the year is a great Vedantic text called *Aṣṭāvakra Gītā*, which reveals sublime wisdom from a boy whose body is crooked in eight places. Programs will include a Kashmir Shaivism workshop, a Meditation Retreat and our regular weekend Satsangs. We are pleased to announce that Gurudev Nityananda's welcome weekend will be on January 30th and that he will be with us for almost the entire month of February. We encourage you to take advantage of this winter Satsang opportunity in his inspirational company.

SUBJECT OF THE YEAR

AṢṬĀVAKRA GĪTĀ

(AVAILABLE IN THE SM GIFT SHOP)

Saturday, January 2

EVENING KIRTAN

7:30–9:00pm

Sunday, January 3

SATSANG

9:00am *Shree Guru Gita* • 10:00am – 12:00 noon Satsang
Kirtan

KASHMIR SHAIVISM WORKSHOP

Saturday, January 9

Focus will be on the three states of consciousness.
Text: *Spanda Kārikās* (Verses on Divine Vibration)

10:00am – 12:30pm

Conducted by Vivek Desai

Donation: \$25 (includes lunch)

EVENING KIRTAN

7:30–9:00pm

Sunday, January 10

SATSANG

9:00am *Shree Guru Gita* • 10:00am – 12:00 noon Satsang
Meditation

CONCERT

Saturday, January 16

SAROD CONCERT BY GEORGE RUCKERT

6:00 – 8:00pm

Accompanied by Amit Kavthekar on tabla

Entrance fee – \$20 (Students: \$10)

Every Saturday night, kirtan (chanting the divine name), **7:00–9:00pm**.

Every Sunday, *Guru Gita*, **9:00–10:00am**; Satsang (includes kirtan, meditation, and discourse), **10:00am until noon**.

A vegetarian meal follows and everyone is welcome to participate.

Hatha Yoga Classes **Every Monday, 7:30–8:30pm and every Thursday, 6:30–8:00pm**



51 Muktananda Marg (off Route 208 between Walden and the village of Wallkill), Walden, NY 12586

Call (845) 778-1008 for more information.

www.shantimandir.com



Sunday, January 17

SATSANG

9:00am *Shree Guru Gita* • 10:00am – 12:00 noon Satsang
"The cultivation of five virtues," a talk by Vivek Desai

MEDITATION RETREAT

Saturday, January 23

THE HEART OF YOGA

Conducted by Devayani

Includes a session of yoga for meditation by Kelly Loiodice,
and a session of instrumental music (santoor) by Vinay Desai

10:00am – 4:00pm • Donation: \$75 (includes lunch)

MEDITATION

7:30–9:00pm

Sunday, January 24

SATSANG

9:00am *Shree Guru Gita* • 10:00am – 12:00 noon Satsang
Video of Gurudev's talk

GURUDEV'S WELCOME WEEKEND

Saturday, January 30

EVENING KIRTAN

7:30–9:00pm

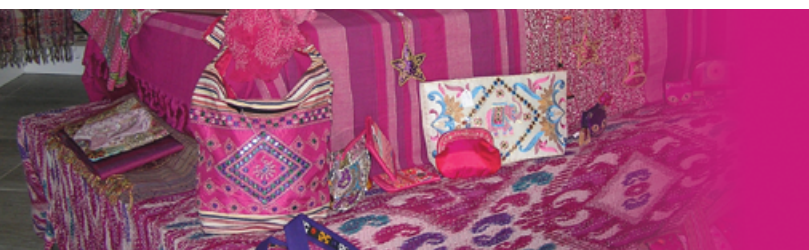
Sunday, January 31

GURUDEV'S WELCOME SATSANG

9:00am *Shree Guru Gita* • 10:00am – 12:00 noon Satsang

How can liberation be attained?

JANAKA'S QUESTION TO AṢṬĀVAKRA, AṢṬĀVAKRA GĪTĀ



Gift Shop open every day
10:00AM – 6:00PM

If you wish to visit outside of these hours,
please call (845) 778-1008. <http://www.shantimandir.com/shop/>