



MORNINGS WITH GURUDEV NITYANANDA

ALL-INCLUSIVE PACKAGE

Saturday, July 9 – Sunday, July 17, 2016

The glorious natural setting and sacred atmosphere of Shanti Mandir in the Hudson Valley make it an ideal setting for spiritual practice. It is with great pleasure that we invite you to a weeklong program in the company of Gurudev Swami Nityananda. The week will consist of activities to deepen our understanding and experience of the teachings. The week promises to be an inspiring and enlightening experience for all who attend, so come and take advantage of this unique opportunity.

- Conversations with Gurudev
- Question-answer sessions
- Daily meditation
- Daily Kirtan
- Afternoon sessions by Larry Holmes (leadership coach) and Louanne Holmes (hatha yoga instructor)
- All-Day Kirtan
(July 9, 10:00 am – 4:00 pm)
- Meditation Intensive
(July 16, 9:00 am – 4:00 pm)
- Indian Classical Music Concert* (July 16, 7:00–9:00 pm)
- Delicious meals, comfortable accommodations, good company, and more



Donation (All-Inclusive Package): \$1200 (inclusive of accommodations, meals, Intensive, and Concert). Five-day attendance (July 11-15) is mandatory.

*Independent registration is available for the Intensive and Concert on July 16.

To register, email walden@shantimandir.com or call 1-845-778-1008.



www.shantimandir.com

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