# SHANTI MANDIR
# 2018 WALDEN CALENDAR

# January

## Dear Friends,

As the year 2017 comes to a close, we thank you for your participation and support over the past year. The ashram thrives through the love of many, many people. In January, we begin an inspiring yearlong study of the 7th chapter of the *Bhagavad Gītā,* 'The Yoga of Knowledge and Wisdom.' This is one of the most poignant and precious chapters of all. We look forward to seeing you at Shanti Mandir in January and throughout the months ahead.
We welcome you all with love.

**SUBJECT OF THE YEAR**

*BHAGAVAD GĪTĀ,* CHAPTER 7

(AVAILABLE IN THE SM GIFT SHOP)

**Monday, January 1**
SATSANG
7:00 am *Śrī Guru Gītā*
11:00 am New Year Brunch – Everyone is welcome to bring a dish, ready to serve (location: Namaste).
If you wish to bring a dish, call 845-778-1008.

**Saturday, January 6**
KIRTAN
7:30–9:00 pm

**Sunday, January 7**
SATSANG
9:00 am *Śrī Guru Gītā* • 10:00 am – 12:00 noon Satsang
"Yoga in the Face of Despair," a talk by Vivek Desai

**Saturday, January 13**
MEDITATION
7:30–9:00 pm

**Sunday, January 14**
SATSANG
9:00 am *Śrī Guru Gītā* • 10:00 am – 12:00 noon Satsang
Kirtan – chanting the divine name

PARENT-CHILD YOGA*

**Saturday, January 20**
10:00 am – 1:30 pm (lunch at noon)
Ages 2-6
Theme: Grandfather Frost
Facilitated by Kristina, includes yoga by Louanne
Parent/child pair: $25 and $15 for additional child or parent (includes lunch).

KIRTAN
7:30–9:00 pm

**Sunday, January 21**
SATSANG
9:00 am *Śrī Guru Gītā* • 10:00 am – 12:00 noon Satsang
"Practical Wisdom for Living," a talk by Larry Holmes

UPANISHAD WORKSHOP*

**Saturday, January 27**
Topic: Self-Inquiry
Text: *Kena Upaniṣad*
10:00 am – 12:30 pm
Conducted by Vivek Desai
Entrance fee: $25 (includes lunch)

MEDITATION
7:30–9:00 pm

**Sunday, January 28**
SATSANG
9:00 am *Śrī Guru Gītā* • 10:00 am – 12:00 noon Satsang
"The Eternal Seed," a talk by Nityeshwari Bordoy

* Online registration available.

*O Arjuna, there is nothing superior to Me.*

ŚRĪ KṚṢṆA, *BHAGAVAD GĪTĀ,* 7.7

**Every Sunday,** *Guru Gita,* **9:00–10:00 am;**
Satsang (kirtan, meditation, and discourse), **10:00 am until noon.**
A vegetarian meal follows and everyone is welcome to participate.

SHANTI MANDIR
Temple of Peace

51 Muktananda Marg (off Route 208 between Walden and the village of Wallkill), Walden, NY 12586
Call **(845) 778-1008** for more information.
**www.shantimandir.com**

*Gift Shop open every day*

10:00 AM – 6:00 PM

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please call (845) 778-1008. http://www.shantimandir.com/shop/