

SHANTI MANDIR
2018 WALDEN CALENDAR

December

DEAR FRIENDS,

The final month of 2018 at Shanti Mandir will feature Sunday talks, a special morning workshop on the *Guru Gita*, kirtans and Satsang. We will conclude the year with a Meditation Retreat and usher in 2019 with New Year's Eve Kirtan and a special brunch on New Year's Day. We thank you for all your loving support through this past year in maintaining the joy of Satsang. We welcome you all with love.

SUBJECT OF THE YEAR
BHAGAVAD GĪTĀ, CHAPTER 7
(AVAILABLE IN THE SM GIFT SHOP)

Saturday, December 1
BABA'S VIDEO AND KIRTAN
7:30-9:00 pm

Sunday, December 2
SATSANG
9:00 am *Śrī Guru Gītā* • 10:00 am - 12:00 noon Satsang
"Equanimity in Daily Life," a talk by Vivek Desai

Saturday, December 8
MEDITATION
7:30-9:00 pm

Sunday, December 9
SATSANG
9:00 am *Śrī Guru Gītā* • 10:00 am - 12:00 noon Satsang
Kirtan - chanting the divine name

Saturday, December 15
BABA'S VIDEO AND KIRTAN
7:30-9:00 pm

Sunday, December 16
SATSANG
9:00 am *Śrī Guru Gītā* • 10:00 am - 12:00 noon Satsang
Meditation

GURU GITA WORKSHOP*

Saturday, December 22
TITLE: A GUIDE FOR GRACEFUL LIVING
Text: *Śrī Guru Gītā (Song of the Teacher)*
(A new translation is available in the SM gift shop)
10:00 am - 12:30 pm
Conducted by Vivek Desai
Entrance fee: \$25 (includes lunch)

BABA'S VIDEO AND KIRTAN
7:30-9:00 pm

Sunday, December 23
SATSANG
9:00 am *Śrī Guru Gītā* • 10:00 am - 12:00 noon Satsang
"Deconstructing Maya and the Gunas,"
A talk by Nityeshwari Bordoy



COMMUNITY SATSANG

Friday, December 28
7:00-8:30 pm
Kirtan, Video, and Meditation
Home of Rakesh and Vinita Gupta
76 Riverside Lane • Riverside CT 06878 • 203-990-0629

NEW YEAR'S WEEKEND

No charge for meals and accommodations
December 29-31

MEDITATION RETREAT*

Saturday, December 29
Facilitated by Devayani
Includes a session of yoga for meditation by Dave Gervais and
meditative instrumental music (santoor) by Vinay Desai
10:00 am - 4:00 pm
Entrance fee: \$75 (includes lunch)

Sunday, December 30

SATSANG
9:00 am *Śrī Guru Gītā* • 10:00 am - 12:00 noon Satsang
"As You Think, So You Will Become," a talk by Larry Holmes

Monday, December 31

Arati: 6:30 pm
Kirtan: 7:00 pm - midnight
Location: Temple
Join us as we usher in the New Year by singing the divine name

Tuesday, January 1

7:00 am *Śrī Guru Gītā*
11:00 am New Year Brunch: everyone is
welcome to bring a dish, ready to serve (location: Namaste).

HOLIDAY GIFT FAIR

Saturdays, December 1, 15, and 22
Shop 'n' Chai 10:00 am - 6:00 pm
Enjoy selecting beautiful handmade gifts for the holidays
while sipping on warm homemade chai.

* Online registration available.

Every Sunday, *Guru Gītā*, 9:00-10:00 am;
Satsang (kirtan, meditation, and discourse), **10:00 am until noon.**
A vegetarian meal follows and everyone is welcome to participate.
Hatha Yoga Classes, **every Monday, Wednesday, Friday, 4:00-5:00 pm;**
every Tuesday, 7:30-8:30 am; every Thursday, 6:30-8:00 pm



51 Muktananda Marg (off Route 208 between Walden
and the village of Walkill), Walden, NY 12586
Call (845) 778-1008 for more information.
www.shantimandir.com

Gift Shop open every day
10:00 AM - 6:00 PM

If you wish to visit outside of these hours,
please call (845) 778-1008. <http://www.shantimandir.com/shop/>