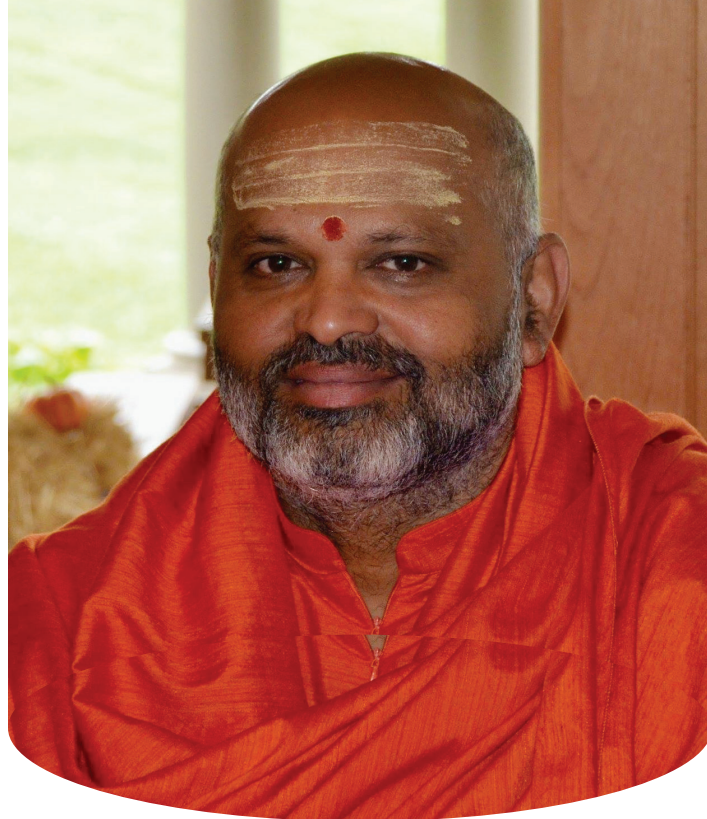


Gurudev Swami Nityananda

IN SOUTH BAY
NORTHERN CALIFORNIA
2020



Gurudev carries on the work
of Baba Muktananda, inspiring
people around the world to practice
meditation and the yoga of
self-knowledge.

Please RSVP to the contact person listed for the satsang(s) you wish to attend,
and they will send you the physical address.

Friday, May 15 **Evening Satsang** 7:00-9:00pm

Chanting, discussion and meditation, followed by prasad
Home of Pranav and Dolly Desai. RSVP to Pranav at pdesai555@gmail.com

Saturday, May 16 **Intensive with Gurudev** 10:00 am – 4:00 pm

\$125 pre-registration required (Vegetarian Lunch included)

Intensive topic: "Learn to sit in a natural manner"

"Learn to be steady, calm, detached.

As you learn to sit still, as you cease to react,

Your mind will also become steady."

– "Yoga and Worldly Life," *Mukteshwari*

Home of Jayesh and Poorva Desai. RSVP to Poorva at desaipoorva@gmail.com.

Online registration available at www.shantimandir.com

Sunday, May 17 **Morning Satsang** 10:00 am – 12:00 noon

Home of Rishi and Mita Desai. RSVP to Mita at m2desai@hotmail.com.

Guru Gita, Chanting, Discussion and Meditation followed by Prasad

There is a perfect joy within the heart, a love like nectar. Go there and find it.

– BABA MUKTANANDA



www.shantimandir.com

Shanti Mandir • 51 Muktananda Marg • Walden, NY 12586